

Meet Your Physical Therapist

Rachel Whittle, PT



Why I Chose Health Care

I chose Physical Therapy as a career because I enjoy working with patients one on one to really give them the tools they need to help improve themselves. I get the benefit of spending a good amount of time with my patients often multiple times a week, so I really get to see their growth and improvements first hand.

Doctorate

Physical Therapy, St. Ambrose University, Davenport, IA

Department of Physical Therapy

In the Department of Physical Therapy, Rachel provides comprehensive care for patients requiring treatment for orthopedic impairments as well as those presenting with vertigo.

I love being outside. My family and I often spend time going for walks, playing with our dog, Tinkerbelle, or lounging out in the backyard. I have two young kids who take up a lot of my time but my husband and I are loving getting to play with them and watch them develop and grow. When we do get the occasional free time we enjoy biking, hiking, catching up with friends either in person or over the phone, and playing Dungeons and Dragons with my brother and his friends.

Getting into healthcare was an easy decision for me. I knew I wanted to help people. Being able to help people feel better in their times of need is a very rewarding part of any healthcare career.

